

## WHAT IS COSMECANIQUE®?

LPG Systems in France (the same one that developed the Endermologie machine), designed the LIFT 6 for the advanced treatment of connective tissue disorders of the face, décolletage and for breast lifting. The Lift 6 stimulates the health of connective tissue through a mechanised replication of the original French technique known as “Pincement Jacquet-Leroy”. The different treatment heads of the Lift 6 ensure an adaptive treatment for all skin types and local areas.

COSMECANIQUE® is the name given to the treatment which uses the Lift 6. Results include diminished fine lines and wrinkles, distinguished contours and restored firmness of the skin. The breast tissue is firmed and the structure elevated. COSMECANIQUE® is a non-invasive, relaxing 30 minute treatment for the face or décolletage. It is slightly shorter for the breast area.

## HOW DOES IT WORK?

With its unique adjustable suction and mobile pad action COSMECANIQUE® works by improving the health of the connective tissue layers of the skin. The regulated treatment clears lymphatic and vascular congestion allowing improved nutrient supply to all cells. Collagen and elastin production is stimulated and re-modelling occurs, improving elasticity and firmness. This effect of COSMECANIQUE® is cumulative. The more treatments you do, the greater the effect.

The skin of your face and décolletage is much thinner and lighter than the skin of your body. It is more sensitive to congestion and more vulnerable to environmental attack. For the breast tissue, there are skin, lymphatic fluid, circulatory and deeper connective support tissue changes that are engaged.

The efficient effect of COSMECANIQUE® will

give you visible results even after the first treatment. For healthier, younger feeling skin, try COSMECANIQUE®.

## WHAT CAUSES WRINKLES?

### Ageing Process

As a person ages, the skin is affected in a number of ways:

- The skin's ability to retain moisture diminishes; the sweat and oil-secreting glands atrophy (shrink), depriving the skin of their protective water-lipid emulsions.
- The thickness of the skin starts to decrease. Cells divide more slowly and deeper tissue holds less water.
- The skin loses its elasticity and firmness. The network of collagen and elastin fibres, which provides the scaffolding for the surface layers, deteriorates and weakens.
- The skin's ability to repair itself diminishes with age, becoming slower to heal.
- Habitual facial expressions form character lines and wrinkles.

### Premature Ageing of the Skin

Premature ageing of the skin can be caused by a number of external factors:

- Sunlight is the most significant cause of premature skin ageing – photo-ageing. Exposure to ultraviolet light (UVA & B) accounts for approximately 90% of the symptoms of premature skin ageing. Individuals with fair complexions are more susceptible.
- Smoking and pollution will stain the skin, decrease its health and increase the depth and number of face wrinkles.
- Diet will affect your complexion. Free radicals and antioxidative compounds compete in destroying and repairing skin and other tissues.
- Dehydration causes the water bound in the

deeper layers of your skin by hyaluronic acid (another component that decreases in your skin over time) to decrease, deepening lines and decreasing the healthy skin fullness. 2-4 litres of water is required a day to keep your skin and body healthy (the amount required vary with climate, body weight and exercise).

- Cleanliness. Your skin protects your body and is also a major secretory organ. Sweat, oil waste and dead skin need to be gently removed to improve the skin health.

## What About Breast Changes?

There are a number of issues:

- Breast size will have an affect on the amount of support both the body and any bra support will need to give.
- Weight changes. Increases in weight cause extra fatty tissue to be laid down preferentially in the breast tissue. Loss of weight results in laxity.
- Hormone changes that occur with time and menopause result in a change in the composition of breast tissue (less gland tissue and more fat). Also the supporting Cooper's ligament will be affected in its elasticity by decreasing oestrogen.
- Breast feeding. The changes that occur in size and variation in gland tissue results in some permanent breast changes. Even the changes occurring by early pregnancy have an affect on the structure of the breast.
- External support. Without adequate bra support increasing strain is applied to the supportive Cooper's ligament, resulting in lengthening and consequent breast droop.

## What are the benefits of COSMECANIQUE®?

COSMECANIQUE® treatments benefit both men and women. Treatment results include diminished fine lines and wrinkles, distinguished contours and restored firmness of the skin and décolletage.

Breast tissue will have an improved effect on fluid drainage and circulation as well as stimulating connective tissue such as the supportive Cooper's ligament.

**How long does each COSMECANIQUE® treatment last?**

COSMECANIQUE® is a hands on, 30 minute treatment for the face and décolletage and slightly less for the breast.

**What does a COSMECANIQUE® treatment feel like?**

COSMECANIQUE® is a gentle relaxing treatment which invigorates your skin. It is a non-invasive treatment that involves no medical procedures or use of any chemical substances, creams or gels. We may suggest a good cleanser or moisturiser to supplement the treatment.

**How many treatments will it take to have an effect?**

There is an immediate visible result after a single COSMECANIQUE® treatment. With the breast treatment some further increase in improvement is noticed after an hour or so immediately after a session. Since COSMECANIQUE® has a cumulative effect, the result will be more significant and last longer for every treatment performed.

**How often do I need COSMECANIQUE® treatments?**

COSMECANIQUE® treatments should be performed two or three times per week if you are undertaking a course. COSMECANIQUE® treatments should be spaced evenly apart over the entire number of treatments required.

**Are the results permanent?**

The results of a single COSMECANIQUE® treatment will last up to eight or more hours.

Additional treatments will have the cumulative effect whereby a course of treatments will leave effects lasting up to 10 months.

**Does COSMECANIQUE® work on men?**

It certainly does for face treatments. LPG have a specific protocol designed for men's skin.

**Can I have COSMECANIQUE® treatments at the same time as cosmetic fillers?**

COSMECANIQUE® is not recommended for 3 months after any injectable filler to prevent its healthy drainage action reducing the life of the filler.

**Do COSMECANIQUE® treatments have any side effects?**

COSMECANIQUE® treatments may cause light-headedness in clients who are dehydrated or have low blood pressure. Always remember to drink your recommended fluid intake daily.

**Is COSMECANIQUE® new?**

COSMECANIQUE® originated from Endermologie® which has been a specific procedure for connective tissue since 1986. The treatment became a specialised one in 2000.

**Has COSMECANIQUE® been scientifically proven?**

Recent clinical studies have proven COSMECANIQUE® to increase vascular and lymphatic flow, boost fibroblast (the cells that produce collagen and elastin) numbers and collagen production. A recent study in Australia on the breast protocol has shown a significant benefit especially with women for "A" and "B" cup sizes.



**COSMECANIQUE®**

by the

**LIFT 6**

Machine  
for Face & Breast  
Enhancement

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